



United Benefice of Distington and Harrington with Salterbeck



April and May 2025
Parish Magazine

£1

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Cover photo: Easter Card designed by Louie, a member of the congregation at Distington

From the Rector

Dear Friends

Alleluia. Christ is risen!
He is risen indeed. Alleluia!



This traditional Easter greeting resonates with the joy of the season. It's hard not to say it with a smile on your face and a lift of the heart. What makes it all the more joyful and bright is the memory of the sorrow and darkness that went before it. During Holy Week which starts with Palm Sunday (13th April this year), we remember the events of the week leading up to Jesus' death on a cross and his glorious resurrection.

It starts with Jesus' triumphal entry into Jerusalem with crowds waving palm branches, praising God and proclaiming Jesus as king. Then, as the murderous forces of the ruling elite gather in opposition, Jesus shares a last meal with his closest friends. He washes their feet, to teach them humility, and shares bread and wine as a sign of the sacrifice he is about to make on their behalf. That night, he is betrayed and is taken to a mock trial. The following day he is hung on a cross to die, taking upon himself the sins of the whole world. A dark and sorrowful day indeed. A day marked by denial and betrayal, by blackened skies and broken hearts. For Jesus' followers it was the end; all was lost and they entered that 'dark night of the soul' when there seemed no hope. It is no surprise then, that the disciples were baffled when they found the tomb empty on that first Easter morning. The first glimmerings of hope soon broke into exultant joy when they met with the risen Jesus, like the sun rising over the horizon banishing the darkness of night.

Many have experienced for themselves the transformation from darkness and despair into the radiant joy of faith in the risen Jesus Christ. The light that banishes the darkness is the love of God, and there is no greater proof of God's love for all his creation, than the death and resurrection of his son, Jesus.

Easter is the very heart of the Christian faith and we are all invited to experience for ourselves the highs and lows of Holy Week. In it, we are faced with the worst of humanity, but also the height of God's love. That is why it is hard not to say 'He is Risen indeed' without a smile on our faces.

With best wishes,



Rev. Dom de Mattos

Benefice Diary

Day	Harrington	Distington
Mon	10am – 11.30am Baby and Toddler Group* 2pm – 4pm Warm Welcome café in the church hall*	8pm Distington Reunion Bingo in the Community Centre*
Tues	9.30am – noon Tuesday Gang (enthusiastic DIYers maintaining the church and churchyard – all welcome)*	
Wed	The church is open Wednesdays 4pm - 5pm* and Approx 9am to 5pm Mondays to Thursdays from 1 st May	10am – 11.30am Toddler Group* 2pm – 3.30pm Cuppa and Chat café*
Thurs	9.30am Communion 10.15am for 10.30am start Toddler Praise*	The church is open on Thursdays from 4pm to 5pm*
Fri	7pm First Friday Film club*	12 noon Second Friday Lunch club at the Community Centre*
Sat	9.30am Last Saturday Men's Breakfast at the Hunday Manor* 2pm – 3.30pm First Saturday "Who Let the Dad's Out?"* 4pm – 6pm Third Saturday Messy Marys*	
Sun	Sunday morning services are at 10.30am* 4pm Second Sunday Healing Communion service	9.15am communion Second, Fourth and Fifth Sundays* 3pm First and Third Sundays (First Sunday café service is in the Community Centre*)

* More information elsewhere in this magazine

From the Parish Registers in January and February 2025

In Memoriam

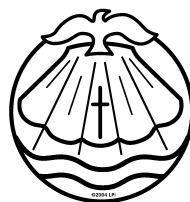
Funerals in Harrington and Distington conducted by our ministers

3 rd January	– Ronnie Brew at St Mary's, Harrington
5 th February	– Rita Nevinson at Distington Hall crematorium
12 th February	– Jacqueline Fisher at Distington Hall crematorium
27 th February	– Robert Findley at St Mary's, Harrington

We pray for peace and comfort for all their family and friends, and rest for their souls. May they know eternal joy in the presence of God.

Sharing the Joy of New Life in Baptism

2 nd Feb	at Harrington	Gracie Jo Davies
2 nd Feb	at Harrington	Olivia Ivy Ainsworth
9 th Feb	at Harrington	Amaya Aldersey
9 th Feb	at Harrington	Adalyn Aldersey
9 th Feb	at Distington	Korbi Johnson
16 th Feb	at Distington	Atlas Joseph Brunton
23 rd Feb	at Harrington	Charlotte Elizabeth Harris



We welcome you
into the fellowship
of Christ

If you would like to arrange a christening for your child this year, please do get in touch with Rev. Dom de Mattos on 01946 830215.

Confirmation 2025 – 8th June 6pm

A reminder that Bishop James Bell will be confirming candidates at a confirmation service at the Church of the Holy Spirit, **Distington at 6pm on Sunday 8th June**. This is open to both adults and children from across the Workington area. There is no minimum age for children, but children must be able to understand the promises they are to make and the faith in which they are to be confirmed. For this reason, children are usually Year 6 and above. If you would like to know more, or register your interest, please contact the Rector, Dom de Mattos on 07851 095264 or email rector@harringtonanddistington.org



Rev Dom de Mattos

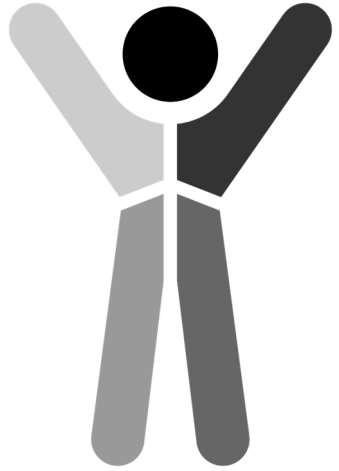
What Gives you Life?

You are very warmly invited to join a group drawn from the churches at Harrington, Distington and Westfield exploring the gifts with which God has blessed us, and which give us life.

We are meeting at the Parish Centre at Westfield (they have the most comfortable chairs!) at 6.30pm to share a light meal together (kindly cooked for us by Vivian and Selena). Each session will then run between **7.30pm and 9pm** and you can just come at 7.30pm if you don't want to join us for the meal. The course is on Tuesday evenings during Lent, with the final session on **Tuesday 15th April**. However, you are welcome to join us even if you have missed the first two or three sessions.

This is an opportunity to explore your SHAPE:

Spiritual Gifts : Heart's Desire : Abilities : Personality : Experience



Bereavement Bears

Members of Harrington Church Warm Welcome Café have been busy knitting Bereavement Bears for children who are bereaved because of the loss of a parent, grandparent or brother or sister. These bears cannot bring back a loved one but they are there for a hug when needed most. Hugs and prayers come together, and each bear is made with much love and care to help children on their bereavement journey.

Rev Dom, Rev Ruth and Richard are here to support families in their loss of a loved one, or to bring prayers to someone who is near to the end of their earthly life and near to their taking up of one of the many rooms Jesus has prepared for us in his father's house. (John 14: 2-4).



Rev Ruth and Rev Dom

The Electoral Roll and the APCM

OK, I'll admit that the title is not the most inspiring, but I thought "How to change the world" might stretch the bounds of the trade's description act! That said, every church member has the opportunity to make a difference in the way we serve God and our community, and that is important.



The Electoral Roll is a list of church members who are eligible to vote for members of the Parochial Church Council (PCC) – that is, the trustees of the church, and to vote on proposals put to the Annual Parochial Church Meeting (APCM) – think of it as the AGM of the church. Anyone who lives in the parish (or lives outside the parish but who has attended the church for six months or more), is baptised, is 16 or over and is a member of the Church of England (or church in communion with it), is entitled to have their names added to the electoral roll. You may think that you are already on the electoral roll, but every six years starting with 2025, a completely new roll has to be drawn up, which means that everyone who wants to be on the roll **must fill in a new form by Easter Day!** Forms may be picked up from the back of church either after a service or when the church is open (see Benefice Diary on page 4)

The APCM is a meeting of two parts. The first, called the Meeting of Parishioners, is open to anyone on the Local Government Register of Electors in the parish plus those on the church's Electoral Roll, and elects the Church Wardens. Only those on the church's Electoral Roll are entitled to vote in the second part of the APCM. This part receives reports on the various activities of the church, examines the church accounts, votes for members of the PCC, elects Deanery Synod representatives once every three years, and very occasionally must debate serious matters such as Pastoral Re-organisation. If you would like to stand for the PCC, you will need to have been on the electoral roll for at least six months, you need to be an actual communicant of the church, be 16 or over and you will need to be nominated and seconded by two people on the electoral roll. Forms are available at the back of church.

This year the APCMs are as follows:

Harrington – 18th May at 12 noon following the morning service

Distington – 18th May at 4pm following the afternoon service

Recipe of the Month - April

This Mary Berry alternative to sausage rolls has a filling of lentils, goats cheese, tomatoes and herbs. Best served hot.

Lentil Rolls

Ingredients

125g / 4 1/2 oz of lentils, cooked in water and drained OR a tin of lentils drained
115g/4oz soft goat's cheese
115g/4oz sun-blushed tomatoes or semi-dried tomatoes OR 4 tomatoes chopped if preferred
55g/2oz mature cheddar (grated)
3tbsp chopped fresh mint OR 1tbsp dried mint
2tsp cumin
1 pack of Ready Rolled Puff Pastry
Salt and pepper to season



Method:

1. Add the prepared lentils to a bowl with the goats cheese, cheddar cheese, tomatoes, mint and cumin and season to taste. Mix well
2. Divide the pastry into four rectangles and roll out sufficiently to make four lentil rolls
3. Brush the pastry with beaten egg
4. Spread the filling on half of each rectangle
5. Fold pastry over and seal edges
6. Place on greaseproof paper in a baking tin
7. Bake for about 25 minutes in a medium to hot oven
8. Enjoy

Revd Ruth

I was standing in line at the bank when there was a commotion at the counter. A woman was very distressed, exclaiming, "Where will I put my money?! I have all my money and my mortgage at this bank!! What will happen to my mortgage?! You can't do this to us!" She was pointing to sign on the counter: WE WILL BE CLOSED FOR GOOD FRIDAY.

Courtesy of Parish Pump

Bibles today – The Bible Society news from Ukraine



At the beginning of March, we presented our Open the Book Story about David and Goliath to Distington School, on the occasion of World Book Day. We were met with Professor Snapes, Hogwarts students, invincible warriors, and incredible creatures, all representing characters from the favourite books of the children. We had brought along David, Saul, and the very incredible Goliath from the book of Samuel in our very own Bible.

The Bible is the most read book today with over 5 billion copies printed, which is mind blowing. This work is supported by The Bible Society. This story from Rev Anatoliy Raychynets of the Bible Society tells us about the importance of the Bible in Ukraine where the Bible Society has an office.

This morning, I got ready to go to the office. I heard explosions and saw columns of smoke. The road was blocked with debris.

In the past two weeks my children have spent more time in the bomb shelters than in school. We are exhausted.

When soldiers are deployed nearby, my son, daughter and I take them coffee and sandwiches to say thank you for protecting us. One day in the biting cold I drove up to offer coffee. One soldier saw my bible on my dashboard. He said, my grandmother used to read it to me when I was little, I have been looking for a Bible as my heart is heavy with this war. I gave the Bible to the man and prayed that God would speak to him through its words that day.

Please pray for the work of the Bible Society and for all those in war torn countries who seek its comfort.

Rev Ruth

What do you need if your chocolate eggs mysteriously disappear?

An eggsplanation

What do you get if you pour boiling water down a rabbit hole?

Hot cross bunnies

Why do people paint Easter Eggs to decorate them?

Have you ever tried wallpapering an egg?

Courtesy of Parish Pump

Our Prayer Journey in April and May

In April and May we pray for those who live, work and travel through:

Month of prayer	Parish of the Church of the Holy Spirit	Parish of St Marys
April	Our school and GP surgery, those who work there and those journeying into Distington to attend. The Rugby Club and all engaged in sports activities in the village.	High Harrington between the Galloping Horses and Church including The Galloping Horse, Brewery House, Eastcroft, The Hollins and Broadacres and all at Beckside and beyond.
May	Pica and Common End, and those living and working on farms in the surrounding areas.	From Church to the Harbour including Westwinds, the Railway station, visitors and walkers on the coastal path.

International and National Days

6th April The International Day for Sports Development and Peace

10th May Fairtrade Day.

World events

Peace across the world with honesty and integrity

Ther work of The Bible society in taking Bibles to all corners of the world



The Church

The appointment process of the Bishop of Carlisle and the Archbishop of Canterbury. Those churches in the Diocese which are in vacancy and are waiting to appoint a new incumbent.

Our Benefice

For all families who are suffering loss, especially for those who have suffered loss through violence, trauma and unexpected deaths

Ourselves

Those who are preparing for baptism, confirmation or to be married in our churches.

With Blessings, Rev Ruth

Distington Evergreens

The Evergreens are a group of old, and newly made friends, who meet weekly in The Distington Club for Young People each Thursday from 1 p.m. until 3 p.m. The group gives each other support and friendship and provides a warm venue for 2 hrs, although we are hoping to extend the time and provide a lunch.....thereby saving you heating in your own home!



We extend a warm invite to you....give it a go and combat loneliness!! We hope you will enjoy our company. Contact: Pat 07981 360996

Warm Welcome Café Monday 2pm - 4pm at St Mary's Harrington

The warm welcome café has continued to grow in popularity and is a highlight of many people's weeks. But don't just take our word for it!

This is the kind of place where everyone can smile and just soak up all the warmth and friendliness which radiates around – a place where it is a pleasure to attend. You can feel the welcome as soon as you enter the building. As soon as you take a seat, several ladies offer a choice of tea or coffee [we could run to hot chocolate and squash if you prefer! Ed.] and a plate of delicious looking (and tasting) home-made cakes is placed at the centre of the table. I joined the ladies who were either knitting or crocheting. Snippets of conversation and humorous tales flow gently over the tables and everyone takes an interest in how much or how little “homework” had taken place during the previous week. The groups playing boardgames are quiet and concentrating, while the rattle of dominos and the occasional cheer of a winner makes everybody smile. Truly a lovely way to spend an afternoon in such a friendly atmosphere.

Molly



So if you have time on your hands do come along and see what you think, we would love to see you. Transport can be provided if needed.

Pam Douglas, Churchwarden

DISTINGTON SENIOR CITIZENS REUNION MONEY BINGO



MONDAYS - 8PM START
DISTINGTON COMMUNITY
CENTRE
ALL WELCOME

PIC•COLLAGE

Distington Club for Young People

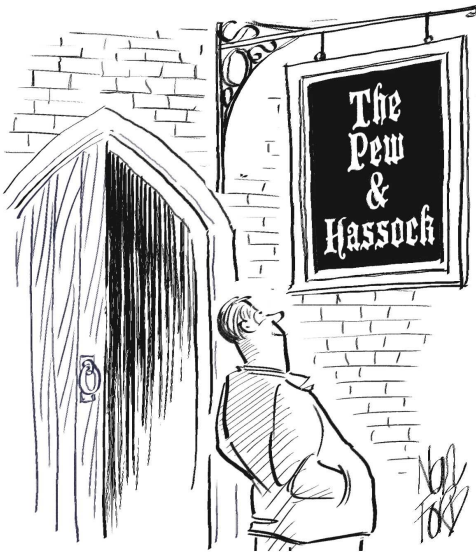
For information on the club please contact Christine Pattinson on 01946 832882 or 07761 781992.

For children between 4-11 years, the club meets Mondays, Wednesdays, and Thursdays between 4pm and 6pm.

For young people over the age of 11 years the club meets on Mondays, Tuesdays, Thursdays, and Fridays between 6pm and 8pm.

There is also holiday provision – contact Christine for more information.





There was a marked increase in the number of men attending church after it was renamed.

Amy Dunne
 Dip.PRFHC
Foot Health Practitioner.
 (Offering home visits in & around the West Cumbria area)

- *Routine nail cutting & filing.
- *Thickened nail reduction.
- *Fungal nail treatment.
- *Ingrowing nail assessment/treatment.
- *Corn & Callus treatment.
- *Verucca consultation & treatment plans.
- *Heel care.
- *Diabetic foot care.

DBS checked & fully insured.

Please call to discuss further & book an appointment.

07515647134

a.helpinghands2022@gmail.com

We hope you are enjoying this magazine. Why not subscribe now and receive each issue of the magazine delivered to your home. Your subscription will help us to continue to serve the community in so many ways. Phone Dom de Mattos on 07851 095264 or email **editor.handd@gmail.com**

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 email editor.handd@gmail.com
 or scan the QR code

or phone 01946 830215



I'm giving up eating chocolate for Lent.
 Oh, wait, sorry, bad punctuation.
 I meant to say, I'm giving up. Eating chocolate for Lent.

Courtesy of Parish Punp

Open the Book



Open the Book is a national initiative to bring bible stories to life for school children. Teams of volunteers dress up and tell the stories in imaginative, interactive and visually memorable ways, delivered with humour and energy. The children are unlikely to forget our nine feet tall Goliath in a hurry! Our current story is David and Goliath which we have so far taken to school assemblies at Distington Primary School and Beckstone Primary School, and will be taking to Westfield Primary School shortly. We helped the children think about Goliath and the sort of person he was, David and his faith in God, Saul as a king and ourselves being helpful or hurtful.

Our next presentation is 'Breakfast by the Lake' a story of Jesus meeting the disciples on the shores of the Sea of Galilee, after his resurrection, and sharing breakfast together.

We start off by reading through our draft script and working out how to make the most of the script. We become familiar with the lines but don't learn them. We sometimes use prompt cards to involve the children and we always have a narrator. The emphasis is on telling Bible stories in a fun way so that children can learn about faith and values. If you could spare a few hours and would love doing bit of amateur dramatics for children, or making us some props, then please get in touch as we do need to expand our Open the Book team.

Rev Dom, Rev Ruth, Sue, Selina and Vivian

Sunday Readings for April and May

Date	Distington Readings	Harrington Readings
1st Sun Lent 5 6 th Apr	3pm Family service Community Centre John 12.1-8	10.30am Communion Philippians 3.4b-14 John 12.1-8
2nd Sun Palm Sun 13 th Apr	9.15am Communion Luke 19.28-40 Luke 22.14 - 23.56	10.30am Church in the Hall Luke 19.28-40
Maundy Thurs 17 th Apr	6pm Seder Meal in the Distington community centre 7.30pm Communion in Distington Church 1 Cor 11.23-26, John 13.1-17, 31b-35 8.30pm Gethsemane Watch in Distington Church Maunday's Olivet to Calvary	
Good Friday 18 th Apr	2pm Watch by the Cross John 18.1 - 19.42	10.30am Messy church Parts of John 18/19
3rd Sun Easter Day 20 th Apr	9.15am Communion Acts 10.34-43 Luke 24.1-12	10.30am Communion Acts 10.34-43 Luke 24.1-12
4th Sun 2 of Easter 27 th Apr	9.15am Communion Acts 5.27-32 John 20.19-31	10.30am Communion Acts 5.27-32 John 20.19-31
1st Sun 3 of Easter 4 th May	3pm Family Service Community Centre John 21.1-19	10.30am Communion Acts 9.1-20 John 21.1-19
2nd Sun 4 of Easter 11 th May	9.15am Communion Acts 9.36-43 John 10.22-30	10.30am Church in the Hall Acts 9.36-43
3rd Sun 5 of Easter 18 th May	3pm Family Communion Acts 11.1-18 John 13.31-35	10.30am Communion Acts 11.1-18 John 13.31-35
4th Sun 6 of Easter 25 th May	9.15am Communion Acts 16.9-15 John 14.23-29	10.30am Communion Acts 16.9-15 John 14.23-29
Ascension 29 th May	6.30pm Communion at Harrington Church Acts 1.1-11, Luke 24.44-53	

Harrington Men's Breakfast – Last Saturday of the Month

The Men's breakfast meets at **The Hunday Manor** on the **last Saturday of each month** at **9.30am** and finishes by 11am. There is a cooked breakfast available (£11) and usually a talk or other entertainment.

If we have sparked your interest, please do come and try it – we will make you very welcome. For more information phone Richard Wilkinson on (07974) 437874.



Distington Library link

Opening hours

Monday: 10am to 2pm

Tuesday: 10am to 2pm

Wednesday: Closed

Thursday: 10am to 2pm

Friday: 10am to 2pm

Tel. 01946 506400



The Distington Mobile Service Post Office visits the Community Centre on Thursdays between 11am and 12:30pm and provides many Post Office services.

Flowers In Distington Church

Flowers are displayed in Distington Church each week, (apart from during Lent, when we don't have flowers in church), and many are placed there in memory of loved ones.

Could you help us to keep the church looking beautiful for visitors and worshippers alike? Many people come to the church for those special services in life and every contribution, of whatever size, will help us to make sure that they appreciate the church as much as I know you do.



If you can help please contact Barbara Lamb 07425 792 995 or e-mail to balamb912@outlook.com. Thank you.

Rev Dom de Mattos

Distington 100 Club

**It's never too late to enter the 100 Club draw!
Were you a winner last year? No? Well it MUST
be your turn this time (maybe!) Remember you
must be in it to win.**



The cost of a number is £12.00 for the year. If we have 60 people entering the prize money each month would be £30.00 and the remaining £30.00 would go to Distington Church funds. (The draw however is not limited to Distington residents!)

If you are interested, please complete the slip below and return it to any member of the Distington PCC (or bring it to Distington church between 4pm and 5pm on a Thursday on to a Sunday service) along with £12 per number. There is no limit on the number of numbers you can have.

Winning Numbers for Jan to May 2025

**January – No 7 Jonathon Clement, February – No 14
Margaret Ogilvie, March – No 27 Audrey Taylor, April –
No 37 Lynda Elliot, May – No 14 Eileen Weightman**

Name:

Address:

Telephone:

How many numbers would you like?

You can also email this information to Barbara Lamb at balamb912@outlook.com, who will send you details to pay by bank transfer.

A clergyman's wife consulted her doctor about his snoring.

The doctor was intrigued: "Does it really bother you that much?"

"Well, it's not just me," she confided. "He's waking up the whole congregation."

Courtesy of Parish Pump



Ladies Club

**HARRINGTON LADIES CLUB
MEET EVERY TUESDAY AFTERNOON IN THE
COMMUNITY CENTRE ON CROOKLANDS
AVENUE, HIGH HARRINGTON
FROM 2PM TO 3.30PM.**

**SOMETIMES THEY HAVE A SPEAKER OR A
MUSICAL AFTERNOON OR A TRIP AND MEAL.
OTHER TIMES THEY HAVE DOMINOES CARDS
OR BINGO AND ONCE A MONTH THEY HAVE
THEIR VERY OWN PERSONAL TRAINER WHO
DOES CHAIR EXERCISES.**

**THERE IS ALSO A RAFFLE EACH WEEK WITH
THREE PRIZES. EVERYONE IS WELCOME!**



Messy Mary's

Messy Mary's

Messy Church is held on the third
Saturday of every month in St Mary's
Church Hall in Rectory Close from
4pm to 6pm, during term time.



Messy Mary's



Messy Church is for all the family and includes a
number of craft activities, songs, a story and some
prayers all based on the theme for the day.
We then finish with a shared meal together.



Come and join us – and bring your friends.

**We meet next on Good Friday 18th April at 10.30am
and 17th May when we will be thinking about Jesus sharing his breakfast**
(Please note that all children must be accompanied by an adult)

I recently decided to sell my vacuum cleaner –
all it was doing was gathering dust.

Courtesy of Parish Pump



Could you be a part of our Toddlers Team?

Distington Baby and Toddler Group meets every Wednesday during term time 10am-11.30. We welcome all children and their carers from birth until the children start school. Parents and carers are provided with tea or coffee and the children are given a snack. We are looking for volunteers to help in the kitchen (it would not be every week). If you feel you could help, please contact Julia (07747 581390) or Doreen (07488 319695)

-
- A bank is a place that will lend you money if you can prove that you don't need it.
 - Hospitality: making your guests feel like they're at home, even if you wish they were.
 - A pun is the lowest form of humour – unless you thought of it yourself.
 - Coffee: starter fluid for the morning impaired.

Courtesy of Parish Pump

Nature Notes - Seabirds at St Bees

A true seabird can be defined as a bird that spends most of its life at sea but comes ashore to breed. May 13th is a date to note at St Bees as that is the date that the first guillemot egg is laid on one of the ledges of the sandstone cliffs.



A guillemot is a member of the auk family and while the southern hemisphere has penguins, we in the north have auks. The species are not related, but are similar in that they appear to be black and white, stand erect but have a waddling gait and are supreme in the water where their wings are used as flippers.

In common with many sea bird colonies, the numbers of birds at St Bees have declined drastically over the last 50 years. This can be put down mainly to a lack of their main food of sand eels or small fish which have been swept up by commercial fishing. I recall with sadness seeing huge blocks of frozen sprats on a Scottish quayside destined to go to Europe for, of all things, fertiliser. Bird flu is another problem that can attack seabird colonies.

But in spite of all this, if you can make the climb to one of the viewpoints on the head, you are in for a treat. With their close relatives, the razor bill and the scarcer puffin, you can enjoy the comical activities of these birds. They come to the cliffs from the sea in early May and during that time until the end of July, an egg is laid on the bare rock, incubated by the adult in the tightly packed colony which gives group protection from predating gulls. The fluffy black chicks remain on the ledges for about three weeks until they ready to go to sea.

At this stage, the chicks cannot fly, but nevertheless take a leap of between two and three hundred feet to the rocks or sea, depending on the state of the tide. With parent birds calling them from the water, what to us seems like the cruelty of nature, is revealed as they run the gauntlet of attacking gulls. The unlucky ones are pincered by the gulls beaks, beaten on the rocks and taken to feed the gull's own chicks. An upsetting sight to a watcher but evidence of the natural rule of survival of the fittest.

For the successful chicks who reach the sea and protection of the adult birds, they complete their development and only come back to the cliffs when they are ready to breed and repeat the cycle all over again.

Sheila Richardson

Thoughts of a curate

Acts of Kindness

We have arrived in March and I am wondering where the time has gone since I was ordained. I am now over 6 months into my curacy and heading towards a second special service at the end of June, when I will be priested. This service will be at the Cathedral at Petertide, as was my ordination service last year, and all are invited.



What will this mean? It will mean that I will be making more promises in line with what is called the Ordinal which sets out the roles and responsibilities of a priest, some of which were set down in the time of Henry VIII and Cranmer. Priests are called to be servants of God, are to shepherd his people, be a messenger of the Gospels, and a sentinel and steward which means taking care of the church of people. I will be sharing more fully the pastoral responsibilities of our parishes with Dom, sometimes referred to as the 'cure of souls'. Cure is an unusual word in today's language and really means spiritually looking after our parishioners and nurturing faith; souls mean people. It is timely that I will have been licensed as an Anna Chaplain; a special chaplaincy for older people.

As a Deacon, I have worn my stole diagonally and have been in a supportive role at the communion table. I am able to take communion by extension but not fully preside at the table. I also therefore don't wear a chasuble; the outer garment that Dom wears according to the 'colour' of the liturgical season we are in. As a Deacon I am also able to take funerals and baptize those coming for baptism. When I am priested, I will be able to preside at our communion service and wear a straight stole and a chasuble. I will also be able to conduct marriage ceremonies, so I feel I still have a lot to learn.

One of the things that both Deacons and Priests do is nurture the ministry of others. We all have a ministry and a vocation whether it is baking and serving refreshments and nourishing us, flower arranging in church to glorify God or transporting people to and from services and providing a pastoral ministry. I am looking forward to focusing on our shared ministry in prayer in the coming months and we take that journey together towards Petertide and a new chapter in the life of our churches.

Rev Ruth

Signs of the Times...

...at Heathrow: *No electric people carrying vehicles past this point.*

...at a Kenyan maternity ward: *No children allowed.*

...in a *Japanese taxi*: Safety first: please put on seatbelt. Prepare for accident.

Holy Week and Easter at Harrington and Distington

Palm Sunday (13th April) with distribution of Palm
Crosses for all

9.15am Communion at **Distington**

10.30am Café service in **Harrington church hall**



Monday of Holy Week (14th April)

Compline **7pm** in **Harrington** church (also streamed on Facebook)

Tuesday of Holy Week (15th April)

Compline **7pm** in **Harrington** church (also streamed on Facebook)

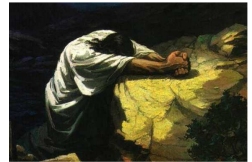
Note that this will unfortunately clash with the last session of our Lent Course

Wednesday of Holy Week (16th April)

Compline **7pm** in Harrington church (also streamed on Facebook)

Maundy Thursday (17th April)

Seder meal at **6pm** in **Distington Community Centre** (This will be similar to a traditional Jewish Passover meal, to remind us of the meal Jesus shared with his disciples. The meal will be followed by a communion service in **Distington** church at **7.30pm**.)



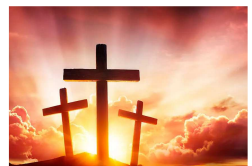
After the service there will be an hour Gethsemane Watch, to remember Jesus asking his disciples to 'watch one hour' while he prayed. We will listen to Maundy's Olivet to Calvary as we wait and pray.

Good Friday (18th April)

10.30am in **Harrington church hall** Messy Mary's style service, with crafts for children of all ages. We will be thinking about the story of Good Friday in an accessible way.

2pm in **Harrington church** – 'Watch by the Cross' a meditative service to mark Jesus' last hour.

2pm in **Distington church** - 'Watch by the Cross' a meditative service to mark Jesus' last hour.



Easter Day (20th April)

6am Churches Together dawn service at the cross on top of **Shore Hill**, overlooking Workington.

9.15am communion at **Distington**

10.30am communion at **Harrington**. There will be an Easter egg hunt after the service.



Alleluia.
Christ is risen!
He is risen indeed.
Alleluia!

Anna Chaplaincy in our benefice.

At a lovely service on 16th March, Rev Ruth was licensed as an Anna Chaplain for our parishes by the Anna Chaplain lead for Cumbria, Sam Pester. Anna Chaplaincy is a specific chaplaincy bringing a spiritual ministry to those who are older in our community. It includes those who are able to come to church, those who are unable to come to church and those who are seeking faith from any denomination. Ruth's ministry also goes beyond this and extends to those who are carers.

Anna Chaplaincy is named after Anna who welcomed Jesus at the temple with Simeon. Anna means 'grace', so Anna Chaplaincy is a grace offering from the church to the local communities. Anna Chaplaincy celebrates the gifts that older people bring to faith.

Rev Ruth already provides a ministry to the Care Homes in and near to our parishes, through which we have an active congregation who receive communion on a monthly basis. She is supported by Rev Dom and Richard who is a hospital chaplain and our Lay Reader.

Rev Ruth and Rev Dom are both available to take communion to individuals in their own homes, to make a pastoral visit or pray with those who are sick.

Please contact Rev Dom if you would like a visit. (see contact page at the back of this magazine)



Rev Dom

Please can you help Distington Church?

The church here in Distington is a very important and beautiful building but more importantly it is the house of God.

Like all houses it needs to be cared for.

Could you give a little time once a

month to help keep the church clean

and tidy and well cared for? Our small

band of willing helpers is struggling to keep on top of the jobs that need doing, especially the cleaners and so we are appealing for your help.



It would not be every week, and as the saying goes; “More hands make light work.” If you feel you could help in any way please get on touch with Dom (07851 095264), Barbara (07425 792995) or Doreen (07488 319695).

God bless

Distington Lunch Club

In 2015 a group of enthusiastic ladies decided to form a lunch club for the residents of Distington and the local area.

The idea was to provide a good quality, home cooked meal at a reasonable price and enable people to meet each other and chat in a friendly atmosphere.

Some funding was secured from Distington Big Local and the Copeland

Community Fund to purchase table linen, cutlery and crockery. The Community Centre on Church Road is the chosen venue and the lunch takes place on the second Friday of every month.



The menu offers soup, a choice of main course and a choice of dessert. Current prices are £2 for soup, £3 for main and £2 for dessert. A raffle generates extra income and helps to maintain low prices. This is a non-profit organisation who have also made donations to charity.

There is no need to book – just turn up before 12 noon.

WHO LET THE DADS OUT?

This is a group for dads, grandas, uncles or indeed any male carer and their kids from 0 to 4 years old (for the moment at least – we are hoping to work on provision for older children!). It's a safe space for children to play and do crafts with their dads, but it's also a space for dads to chat and build friendships.

....and then there's the bacon butties! We provide free tea, coffee and bacon rolls (although you can make a donation if you wish), with juice and toast for the children.



The group meets in the Church Hall at St Mary's on the Hill from 2pm to 3.30pm on the FIRST Saturday of each month and the next groups are 5th April and 3rd May 2025



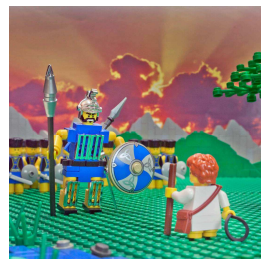
Who Let The Dads Out? is part of Care for the Family, A Christian initiative to strengthen family life, offering support to everyone. Care for the Family is a registered charity (England and Wales: 1066905; Scotland: SC038497).

Find out more at cff.org.uk/wltdo

Rev. Dom

Lego

Rev Dom and Rev Ruth would love to hear from anyone who has some lego or duplo they are willing to donate. Telling stories through Lego is a powerful way of bringing scripture to Lego lovers of all ages. Contact Rev Dom. (see contact page at the back of this magazine)





Pre-school toddlers and their carers are invited to a time of songs, stories, prayers and play, not forgetting, of course, that all important snacks, tea and chat! We meet at **10.30am on Thursday** mornings during term time in the church hall at **St Mary's** on the Hill, Harrington until about 11.30am. Coffee and tea available from 10.15am.

Rev. Dom

Eco Church is an initiative run by a Christian Environmental group called A Rocha UK. It is a way of encouraging churches to think, plan and act in a more environmentally



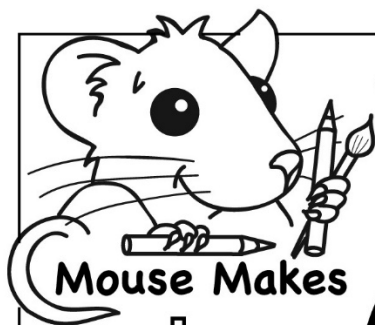
responsible way. It also encourages us as individual Christians to think more carefully about the Diocesan God For All imperative to “Tread Gently” in the way we live our own lives, and in the way we encourage others to do so. The scheme revolves around a survey of church practice and the more questions we can answer positively, the higher the standard we have achieved. There are bronze, silver and gold awards to achieve to show how far we have come.



If you are concerned about our care of the environment and would like to help the churches at Harrington and Distington become more environmentally aware please come to a meeting at **6.30pm on Tuesday 13th May 2025** in the church hall

at **St Mary's**, Harrington. The meeting is open to all residents of Harrington and Distington; church members and non-members alike. (This meeting was originally planned in January but had to be postponed.)

Rev. Dom de Mattos



On the cross Jesus opened wide his arms for us.
Jesus put an end to death by dying for us,
and showed us the resurrection to
come by His raising to new life!



Jesus is risen!

The angel said:
"Jesus ...is not here, for He
has risen, just as He said."
Matthew 28:6

Jesus is here

Jesus said:
"Where two or three
come together
in my name I am
there with them."
Matthew 18:20



READ the story of
the resurrection in:
Matthew 28:1-10
Mark 16:1-19
Luke 24:1-49
John 20:1-29
and **21:1-14**



R E D E E M E R
E A S T E R P I
S A V I O U R S
U L T I M J A E
R I E D E L I N
R V J E S U S S
E E W B S P E P
C C L O I S S N
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O I D N P P W S
N S G O T E L L
K T A F O A I O
I Y O G J C F R
N U J O Y E E B
G O O D N E W S



Jesus will come again!

Jesus said:
"I will come back
and take you to
myself so that you
will be where I am."
John 14:3



JESUS • ALIVE • RISEN
LORD • SAVIOUR • KING
RESURRECTION
PEACE • NEW LIFE • JOY • GOOD NEWS • GO TELL • EASTER



MESSIAH • REDEEMER
CHRIST • SON OF GOD
HOSANNA • PRAISE



Cuppa and Chat Café at Distington

Everybody is welcome at our café on Wednesday afternoons from 2pm until 3.30pm at the Distington Community Centre on Church Road. There's free tea, coffee and cake, and it's a great chance to meet others in a relaxed, supportive atmosphere. We have a light-hearted quiz each week for the adults, and children are always welcome. Toys and colouring sheets are available for children of all ages!



Rev Dom de Mattos

Lifts to Church

If you would like to come to church but don't have any transport then please let Rev Dom know. (07851 095264)

If you are able to offer a lift to someone then please also let Rev Dom know.



We would like to give as many people as possible the opportunity to come to church.

Rev. Dom de Mattos

Visiting and Home Communion

Would you, a friend or a neighbour appreciate a visit from the Rector or Curate, with or without receiving home communion? If so, please can I urge you to contact me on 07851 095264, or email rev.domdem@gmail.com? I really want to hear from you!

There are quite a few parishioners who, for one reason or another, are unable to come to church but are still very much a part of the church community, and I would love to meet them. However, you don't have to be a church member to request a visit, I am hoping to hear from anyone in Distington, Harrington or Salterbeck who would like to see the Rector or Curate over a nice cup of tea!



Rev Dom de Mattos

The Tuesday Gang at Harrington

The Tuesday Gang is an enthusiastic, friendly and hugely appreciated group of volunteers who maintain the open churchyard across the road from the church, as well as carrying out all sorts of maintenance work around the church and church hall, particularly over the winter months when excuses not to brave the weather are always welcome.

At 11.30am the gang stops for tea and cake, a well-earned rest and some great conversation.

Anybody out there wanting to help? Come and join our merry team - you would be more than welcome! The Tuesday gang meets from 9am to 12 noon every Tuesday (obviously!), and you can come for all or part of that time.



The Tuesday gang at work...



...and enjoying the crack!

John Wilkins

Church at Home

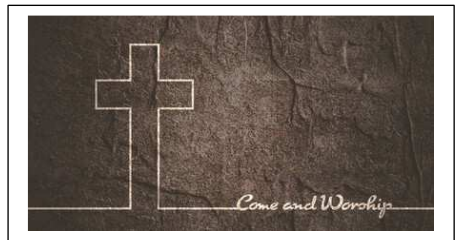
Church at Home is when someone watches an on-line service or perhaps says a service to themselves because they cannot get to church.

We often livestream our Harrington Services but as well as this Rev Ruth is trying to compile a list of services you might be able to join, and would love to hear about your favourite on-line services.

Rev Ruth and Rev Dom are in the process of creating a Worship at Home booklet for you to use, which they hope to have ready after Easter.

If you want help in joining an on-line service, having prayer and worship in your own home or would like a Worship at Home booklet then please get in touch with Rev Dom or Rev Ruth. (see contact page at the back of this magazine)

Rev Dom and Rev Ruth



Come and sing! **Make friends** **Fun Activities**

Forty minutes

**Café style service in
Distington Community Centre**

FIRST SUNDAY OF THE MONTH at **3pm**

Relax with a cup of tea! **Next services will be on
6th April and 4th May 2025**

The Church of the Holy Spirit




St Mary's, Harrington Church Hall



The church hall is available for hire for groups and parties, with the capacity to seat up to 80 people. There is a well-equipped kitchen and disabled toilet facilities. The cost of hire is £18 per hour, including quarter of an hour either side to set up / pack away.

Contact James Mossop on
churchhall@harringtonanddistington.org

Distington Rugby Club CASC

Looking for somewhere to hire for a party, celebration of any sort. Look no further than Distington Rugby Club, Grassroads Distington.

Ample parking, lovely setting,
newly refurbished and lovely staff.
Great prices on drink too.

Contact Distington ARL & CASC on Facebook or call **01946 830124** if you would like to enquire about booking their function room for a celebration.

People will not care what you know until they know that you care. – Anon

Courtesy pf Parish Pump

Book Review

Wainwrights without a Car: A Year on the Lake District Fells Ron Kenyon, Jagged Peaks Publications: RRP £20

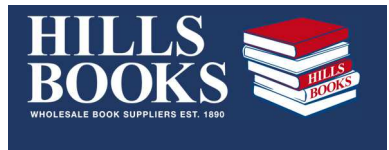
This publication gives comprehensive details to assist in ascending the 214 Wainwright summits in the Lake District without using the car. The core of the book is about public transport in the Lake District but linked to the ascents of the Wainwrights during 2023 with details about the summits and transport as well as tales about those ascents. In addition there are chapters giving more information in particular about those bus, train and boat services and the geography of the area as well as places of interest.

Ron Kenyon is a Cumbrian born and bred and has used his extensive knowledge of the Lake District to bring this important book together. One third of the net income from the book is going to be given to the Fix the Fells organisation, which helps to maintain the footpaths of the area. The bulk of the rest of the net income will go to other local organisations.

Hill Books Ltd

Where to buy?

This book is available online and at the Hill Books showroom on the Clay Flats Estate. Their opening hours are Monday-Thursday 8am-5pm and Friday 8am-12.30pm. Direct Order Line 01900 603031 or 01900 602781.



Wars to end wars are an illusion. Wars, more than any other form of human activity, create the conditions which breed more war. — John Foster Dulles

Charity gives itself rich; covetousness hoards itself poor. — John Goetsch

Evangelism is one beggar telling another beggar where to get bread. — D T Niles



Can YOU be a Baby and Toddler Group Volunteer?

We are looking for new volunteers to help serve refreshments at the Baby and Toddler group on Monday mornings (from 10am to 11.30am). The hall is usually set up ready, and volunteers provide toast and juice for the children, together with tea and coffee to the parents or carers who are with them. Currently volunteers are on duty one week in three, but with extra volunteers we hope to reduce this to one week in four.

If you can help, or would just like to find out more without any commitment, please contact Rev. Dom de Mattos on 07851 095264 or email him on rev.domdem@gmail.com



A Sunday School teacher had been explaining why Easter should matter to us, and wanted to make sure her group understood. So she asked, "Can anyone tell me what you must do before you can obtain forgiveness of sin?" There was a short pause and then, from the back of the room, a small boy spoke up. "Sin?"

Courtesy of Parish Pump

We need your photos for our front covers!

We have had some great front cover photographs but these would be even more special if taken by our readers. We would like to build up a bank of photos for future editions so that we can select one that is suitable for the season. If you can help with this then please email your photos to **editor.handd@gmail.com**. (The photos will need to be a good resolution and will ideally have the subject interest in the upper or lower two thirds). Portrait pictures work best.



Rev. Dom de Mattos



Which came first, the chicken or the various things that taste like chicken?

At the rate that things are changing, anyone nostalgic for the 'good old days' is yearning for last week.

Courtesy of Parish Pump

What to look for In Spring in Gods Acre; our Churchyards

Last week we spotted the first dandelion in full flower at Harrington. The dandelion is part of The Taraxacum family and there are an incredible 200 micro-species in the UK alone. Have you ever, as a child, blown a dandelion clock or broken the stem and 'printed' the milky sap on your arm which then goes grey? As a gardener you either love or detest these plants but perhaps everything in moderation is good.



The humble dandelion

The dandelion is a totally persistent plant with long tapered roots and tough shoots that will even get through tarmac. They provide an amazing display of vivid colour in the multiple places they grow. They are nectar rich and incredible pollinators so you might want a few in your veg plot. They are on the list of the top pollinators of the RHS. They flower persistently through from spring to autumn. All parts are edible; do you remember dandelion and burdock pop, or dandelion tea? Beware, however of chopping up the roots to put on the compost as they can regenerate and spread far and wide. Isn't God's creation amazing?.

Rev. Ruth

Save the Dates...

Here are some dates to put in your diary now for the coming months. There will be more information in the next issue of the magazine.

- Rev Ruth will be priested at Carlisle Cathedral on Saturday 28th June at 11.a.m. If there is enough interest we will arrange a minibus.
- Ruth will preside at Communion for the first time on Sunday 29th June when Rev Julia Powley will be returning to preach and share in our celebration.
- Bryan Rothwell, our Rural Dean, is retiring and his last Service at Silloth will be at 10am on Sunday 29th June. (Yes, unfortunately it clashes!)
- There will be a coffee morning in Distington on the morning of Saturday 5th July at Rebelva, 98A Main Street Distington.
- Sea Sunday is on 13th July and we plan to celebrate at 5pm with Harbour Praise at Harrington Harbour

Family Services at St Mary's, Harrington

Come and join our St Mary's family services at 10.30am on the second Sunday of each month. The services are either a parade service in church with the Explorers, Scouts, Cubs and Beavers, or they are more relaxed café style services in the church hall. There is something for everyone, and everyone is welcome. The services for the next few months are as follows:



13th April (Palm Sunday) – café service in the church hall

11th May café service in the church hall

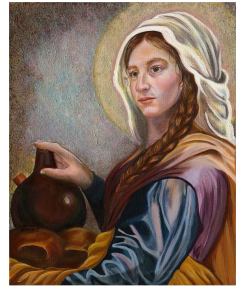
8th June (Pentecost) – Parade Service in the church

Rev. Dom

Saint of the Month St Zita on 27th April

Zita was born in 1218 to poor but devout parents in Monsagrati, and was sent at the age of 12 to work as a servant for the rich Fatinelli family in nearby Lucca.

Zita was pious, generous and hard-working. The other servants hated her for her devotion to prayer and to doing her work perfectly. The Fatinellis were also annoyed with Zita. They had discovered that she felt such compassion for the poor of the town, that she would often give them gifts of their food. So, they took to beating her.



Then came the day that Zita was supposed to be baking – but she left it halfway through in order to go and help someone in dire need. The other servants told the Fatinellis, and everyone rushed down to the kitchen, expecting to find disaster. Instead, they found an angel, finishing the baking. Zita's patient endurance and consistent goodness won her their deep respect and increasing affection. She was placed in charge of the household. As the years passed, Zita became locally famous for helping the sick, the poor and the imprisoned. In England she is known as Sitha, and she has traditionally been invoked by housewives and domestic servants, especially (for some reason) when they lose their house-keys.

Courtesy of Parish Pump

Recipe for May – Beef Cobbler with Stilton and Rosemary Scones - Serves 4 People

With thanks to Richard for this hearty stew

Ingredients - For the Stew

90ml of vegetable oil

3 Tbsp of plain flour

1Kg of chuck steak or stewing steak, cut into cubes

2 large onions sliced or diced (but you can put in more if you want)

1 medium carrot grated

2 or 3 medium carrots sliced into chunks

1 Leek, cut into 1 cm thick rings

1 Tbsp of tomato puree

1 or 2 sticks of Celery sliced into thin slices

400ml of Red Wine (the rest of the bottle is for the hard working cook!)

400ml of good quality beef stock (add oxo cubes and a teaspoon of Bovril to 'beef it up')

Worcester Sauce and Soy Sauce to taste

1 Bay leaf (optional) and salt & Black Pepper to season



For the Wholemeal cheese scones;

80g of self raising flour

100g of self raising wholemeal flour

65g of malted flour (substitute self-raising flour if unavailable)

pinch of salt

1 Tbsp of finely chopped fresh rosemary

150g of stilton cheese (other strong cheese works - cheddar is good)

175 ml of full fat milk

1 beaten egg

Flour for dusting

Fresh parsley to garnish

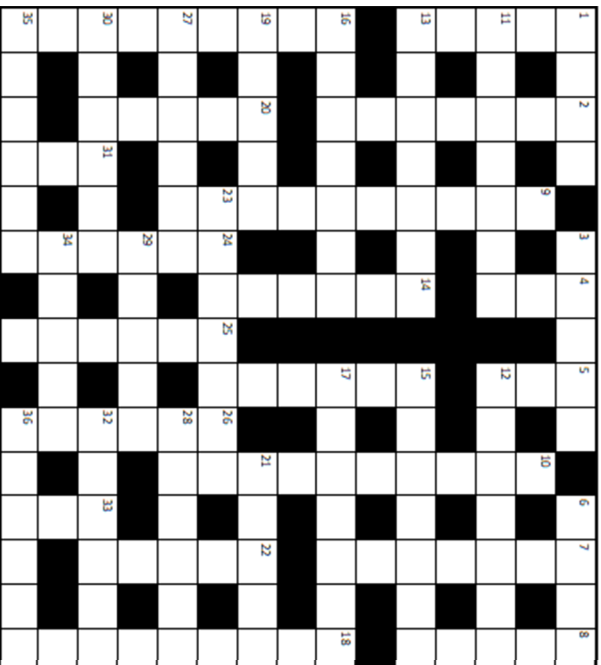
Method for the stew

1. Heat oven to 180 deg C or Gas mark 4.
2. Season the plain flour with salt and pepper.
3. Toss the beef in the flour so every piece is coated.
4. Heat half the oil in a **large** casserole dish and fry the meat off in batches making sure brown on all sides before removing and setting aside.
5. Put in the rest of the oil in the same dish and fry off the onions, leeks, celery, carrots; sweating them down.
6. Stir in the Tomato Puree and cook for another couple of minutes.
7. Add the wine (Chef's tip...take a sip to check it's ok!) and stir/heat through, making sure that any bits on the bottom of the pan are loosened off.
8. Add the stock and bay leaf and bring the heat back up.
9. Cover the dish with a lid and put in the oven for at least 1.5 hours (alternatively you can leave on the hob simmering for at least 1.5 hours with the lid on). The longer you cook it, the better!

Meanwhile, make the cobblers!

10. Mix the flours in a bowl; if you don't have malted flour, just substitute self raising flour. Add the salt, 100g of the cheese and the chopped rosemary.
11. Slowly add the milk (you may not need it all!) and bring the mixture together. Try not to over work the mixture, as the results will be a tough cobbler.
12. Tip the mixture onto a floured surface and bring together to make a soft dough. Spread the dough into a flat disc about 2.5cm/1 inch thick. Cut out 8 scone sized circles (I use a coffee cup).
13. Brush the top with the beaten egg and sprinkle over the scones the remaining cheese.
14. I also tend to sprinkle salt onto the tops of the scones to taste.
15. Remove the stew from the oven and put the scones on top of the stew.
16. Return the dish to the oven and increase the temperature to 200 deg C with the lid left off the dish for 20-25 minutes, or until the scones are golden brown.
17. Serve with sprinkle of fresh parsley leaves on top.
18. Drink the rest of the wine!

Coffee Time Teaser



Coffee Time Teaser

Across

1. Eucharistic element (4)
3. Golf club (5)
6. Burial chamber (4)
11. Taking a break(7)
12. Pointework ballet slipper (7)
13. Small grommets (7)
15. Multiplied by two (7)
16. What 4 did, perhaps (7)
17. Male equivalent of a heifer (7)
19. Picture (5)
21. Goods in a ship's hold (5)
23. Line just touching a circle (7)
27. Push back (6)
28. Handy (6)
29. Tessellated (5)
30. Commander killed by Jael (6)
32. ___ Bergman, actress (6)
34. One focus of Good Friday (5)
35. Vineyard owner murdered on Jezebel's orders (6)
36. Any language (6)

Down

1. Not as good (5)
2. Newly born (7)
4. Easter gift, maybe. (3)
5. Obtain (3)
7. Shakespeare play (7)
8. Counterpart of 1A (5)
9. Work records (10)
10. Goes down on one knee (10)
14. Soaked through. (6)
15. Engage in a little (6)
16. Easter Greeting (2,2,5)
18. Gen. (9)
20. Donkeys (5)
22. Pass on (5)
24. Join or fasten (6)
25. 4.5 litres (6)
26. Naturalist (6)
31. The sense of self (3)
33. Firearm (3)

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	8	5						
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Easier

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N			U		E	J	E	C	T		I			A
G	I	F	T	E	D		D		E	I	G	H	T	Y

The solution to last issue's crossword

Distington Surgery

Dispensary Home Delivery Service

If you would like to have your medication delivered to your home. please call the dispensary to discuss delivery dates and times.

Dispensary line: 01946 833155

ANIMAL CONCERN CUMBRIA

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Ways the charity can help you.

Rehoming – guidance and support
TNR Ferals – Peppa's pot
supporting food banks

www.animalconcerncumbria.org 07712 330829

AB AAT Licensed Accountant Angela Black is licensed and regulated by AAT under license no. 1008505 ANGELA BLACK NAAT AB Accountancy Solutions Accounting, bookkeeping and payroll services. Tel: 07879 414927 angela@abaccountancysolutions.co.uk	JAMES A MURRAY CARPENTRY AND JOINERY (Time served tradesman) loft ladders – garden sheds fencing – traditional floorboards doors and architraves Tel: 01900 829791/07394915010 3 Lawson Garth, Brigham, Cockermouth CA13 0SX
LESLIE CLEELAND See our large range of beds, suites, carpets, occasional furniture and bedroom furniture 61-65 Main Street Cockermouth CA13 9JS Tel: 01900 823005	JOHN SANDELANDS Funeral Directors Ltd Tel: 01900 602753 Rest Chapels at: Main Road, Seaton South William Street, Workington Bridge Street, Cockermouth
<u>Brockbank Curwen Cain and Hall</u> <u>Solicitors and Notaries</u> 44 Duke Street, Whitehaven CA28 7NR Tel: 01946 692195 Also at Cockermouth, Maryport, Workington and Keswick • Home Information Packs • Residential and Commercial Conveyancing • Wills and Probate • Court or Protection • Personal Injury • Matrimonial • Crime • Employment www.brocklands.co.uk	DISTINGTON COMMUNITY CENTRE The centre runs training events and other community-based activities including public meetings The Mable Knowles room is a committee room available for small meetings – capacity 25. The main hall is available for events, activities and private parties etc – capacity 100. <u>Full new kitchen available</u> For further details Tel: 01946 834297

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Benefice Contacts

Rev. Dom de Mattos (Rector of Harrington and Distington)

Landline 01946 830215 Mobile 07851 095264 rev.domdem@gmail.com

Please contact the Rector for information about christenings, weddings or funerals, and if you would like a pastoral visit for yourself, a friend or a relative.

Curate at Harrington and Distington

Rev. Dr Ruth Illman - email rev.drruthillman@gmail.com

Churchwardens at Harrington

Charles Murray - 07510 398369

Pam Douglas - 07511 731560

Churchwardens at Distington

Julia Hoggarth - 07747 581390

Helen Finn - 07786 016670

Please contact the churchwardens if you have any questions about the services or events at the churches, or if the Rector is unavailable.

Safeguarding

We take the safety of all at our church very seriously. If you have any concerns about the safety or welfare of anyone at church, please contact the Parish Safeguarding Officer Mrs Alisha Kilgour on 07545 499094 or at psa@harringtonanddistington.org

Harrington Church Hall

To make a booking please contact James Mossop at churchhall@harringtonanddistington.org

Distington Community Centre

The Distington Community Centre is run by the Distington Community Centre Association rather than the church. To book please contact Alexander Tomlinson on 07907 462644 / dcomc@yahoo.co.uk

Magazine Editor

Submissions for the April and May 2025 edition of the Magazine should be sent to the Editor at editor.handd@gmail.com by the copy date of Monday 12th May 2025.

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